



## Dobrna Medical Pricelist 2026

### THERMAL WATER AS THE MAIN HEALING FACTOR AT TERME DOBRNA

The thermal spring in Dobrna was already known to the ancient Celts and Romans. **In 1403, the water was first used for health purposes.** Since 1542, the thermal water has been considered an **ideal remedy for the treatment of gynecological and urological diseases, rheumatic and rheumatism-related conditions, as well as for diseases and injuries of the musculoskeletal system.**

The Dobrna thermal spa is also beneficial for patients with peripheral vascular diseases, neurological disorders, diabetes, high blood pressure, mild heart conditions, and respiratory diseases. For decades, thermal water has been successfully used to strengthen the body and improve the overall psychophysical condition of individuals and groups.

**The main healing factor is calcium–magnesium–hydrogen carbonate alkaline water, with a temperature at the spring of approximately 35–36.5 °C.**

Due to the calcium ions it contains, Dobrna thermal water has anti-inflammatory and anti-allergic effects in chronic inflammations of the digestive and urinary systems. It also accelerates the elimination of excess water from the body and indirectly aids in the removal of gallstones and kidney stones.

Under laboratory conditions, **the healing effects of water from Terme Dobrna** were studied on skin cell cultures. The **results show that this thermal water has a statistically significant positive effect** on the growth of **keratinocytes and fibroblasts**—both types of skin cells—by accelerating their growth. Therefore, **the use of thermal water is recommended for preventive and therapeutic treatment of skin diseases.**

#### Composition of the thermal water:

Component	g/l	Component	g/l
Lithium	0,000005	Potassium	0,00093
Sodium	0,00393	Calcium	0,0744
Magnesium	0,0210	Chloride	0,00110
Aluminum	0,000014	Sulfate	0,0179
Zinc	0,000034	Hydrogen carbonate (Bicarbonate)	0,3186
Nitrate	0,00142	Iron	0,000026
Hydrogen phosphate	0,00005	Copper	0,000016



VITAMIN COCKTAILS		Price in EUR
Cocktail Grand Vita*		<b>220,00</b>
Amino Acid Cocktail*		<b>275,00</b>
Cocktail Vita*		<b>198,00</b>
Vitamin C Booster*		<b>175,00</b>

\* Intravenous vitamin therapy

## PHYSIOTHERAPY

KINESIOTHERAPY	
Bowen therapy for adults (55 min)	<b>55,00</b>
Bowen therapy for infants (30 min)	<b>35,00</b>
Professional consultation with physiotherapist (20 min)	<b>25,00</b>
Individual therapeutic exercises (20 min)	<b>25,00</b>
Physiotherapy treatment (up to 30 min) <sup>2</sup>	<b>44,00</b>
Physiotherapy treatment (up to 50 min) <sup>2</sup>	<b>60,00</b>
Manual physiotherapy (up to 30 min)	<b>44,00</b>
Specialized neurological Bobath therapy (60 min)	<b>66,00</b>
Therapeutic scar treatment (up to 30 min)	<b>40,00</b>
Manual Physiotherapy Package (spine, neck, lower back, hips, knees, shoulder girdle) (5× physiotherapy treatment 30 min, 5× thermal bath 20 min, 2× kinesio taping)*	<b>308,00</b>
Kinesio taping application	<b>17,00</b>
Joint mobility measurements	<b>13,00</b>
Pain Relief Package (2× laser, 2× hand massage 15 min, 2× thermal bath, 3× therapeutic exercises)	<b>143,00</b>
hysiotherapy treatment – small / 12 therapies (min. 3 days, max. 6 days)*	<b>208,00</b>
Physiotherapy treatment – medium / 24 therapies (min. 6 days, max 10 days)*	<b>384,00</b>
Physiotherapy treatment – large / 32 therapies (min. 7 days, max 10 days)*	<b>439,00</b>
Manual muscle strength test	<b>17,00</b>
Passive exercise with dynamic splint (Kinetec or Artromot, 30 min)	<b>22,00</b>
Gait training (15 min)	<b>17,00</b>
Individual room exercise (30 min)	<b>44,00</b>

\* No additional discounts apply to packages.

<sup>2</sup> Treatments may include various devices (shockwaves, K-Laser) and manual techniques.

ELECTROTHERAPY	
Shockwave therapy (first treatment incl. consultation)	<b>66,00</b>
Shockwave therapy (each additional session)	<b>55,00</b>
Shockwave package (5× shockwave + 5× manual physiotherapy 20 min)	<b>350,00</b>
K-Laser (1 treatment)	<b>22,00</b>



Ultrasound (10 min)	17,00
Electrotherapy (15 min)	17,00
Inter X (25 min)	27,00
Magnetotherapy (15 min)	17,00
Bioptron light therapy (10 min)	17,00
Bioptron color therapy (10 min)	27,00
Galvanic bath	17,00
BioSpectrum arc (15 min)	22,00
Mechanical lymph drainage (15 min)	27,00
Mechanical lymph drainage (30 min)	44,00

**THERMOTHERAPY**

Thermotherapy (Thermopack)	11,00
Cooling with Hilotherm (20 min)	17,00
Paraffin	22,00

**HYDROKINESIOTHERAPY**

Exercises in Hubbard tank (20 min)	30,00
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**THERAPEUTIC MESSAGES**

Therapeutic lymph drainage (30 min)	44,00
Therapeutic lymph drainage (15 min)	28,00
Foot reflexology massage (30 min)	38,00
Therapeutic hand massage – partial (15 min)	22,00
Therapeutic hand massage (30 min)	39,00
Therapeutic hand massage (50 min)	49,00
Pain Relief Massage (50 min)	66,00
(25 min massage + pain-relief wrap – 25 min)	
Partial Massage Package (10× partial manual massage – 15 min)	187,00
Partial Massage Duration Extension Package (additional charge for extra 15 minutes added to an existing partial massage (15 min) – package 5× +15 min)	82,00
Applicable only to patients who already have prescribed partial massages by a physician.	

**PELOID THERAPY AND THERMAL BATHS**

Peloid Therapy (inorganic and organic peloids) – partial, single area (20 min)	19,00
Peloid Therapy (inorganic and organic peloids) – full, two areas (20 min)	29,00
Hand packs (inorganic and organic peloids) (20 min)	19,00
Thermal bath with peloids (inorganic and organic peloids) (20 min)	27,00
Thermal water bath (20 min)*	22,00
Herbal bath (20 min)*	27,00
Epsom salt bath (20 min)*	27,00



Detox bath (20 min)*	27,00
Herbal supplement	6,00

\* Packages are not eligible for additional discounts.

\*\* 10% discount applies for prepayment of 5 therapies.

## INFORMATION & RESERVATIONS – MEDICAL CENTRE RECEPTION

T: +386 3 78 08 140

E: [zdravstvo@terme-dobrna.si](mailto:zdravstvo@terme-dobrna.si)

[www.terme-dobrna.si/en](http://www.terme-dobrna.si/en)

## OPENING HOURS

Mon–Fri: 7:00–20:00

Sat and Holidays: 7:00–14:00

Damjan Hempt,  
*General Manager Terme Dobrna d.d.*

**Price list valid from 20. 1. 2026.** Prices are in EUR and include VAT. We reserve the right to change prices and conditions and to correct printing errors.